

BIKE RIDE

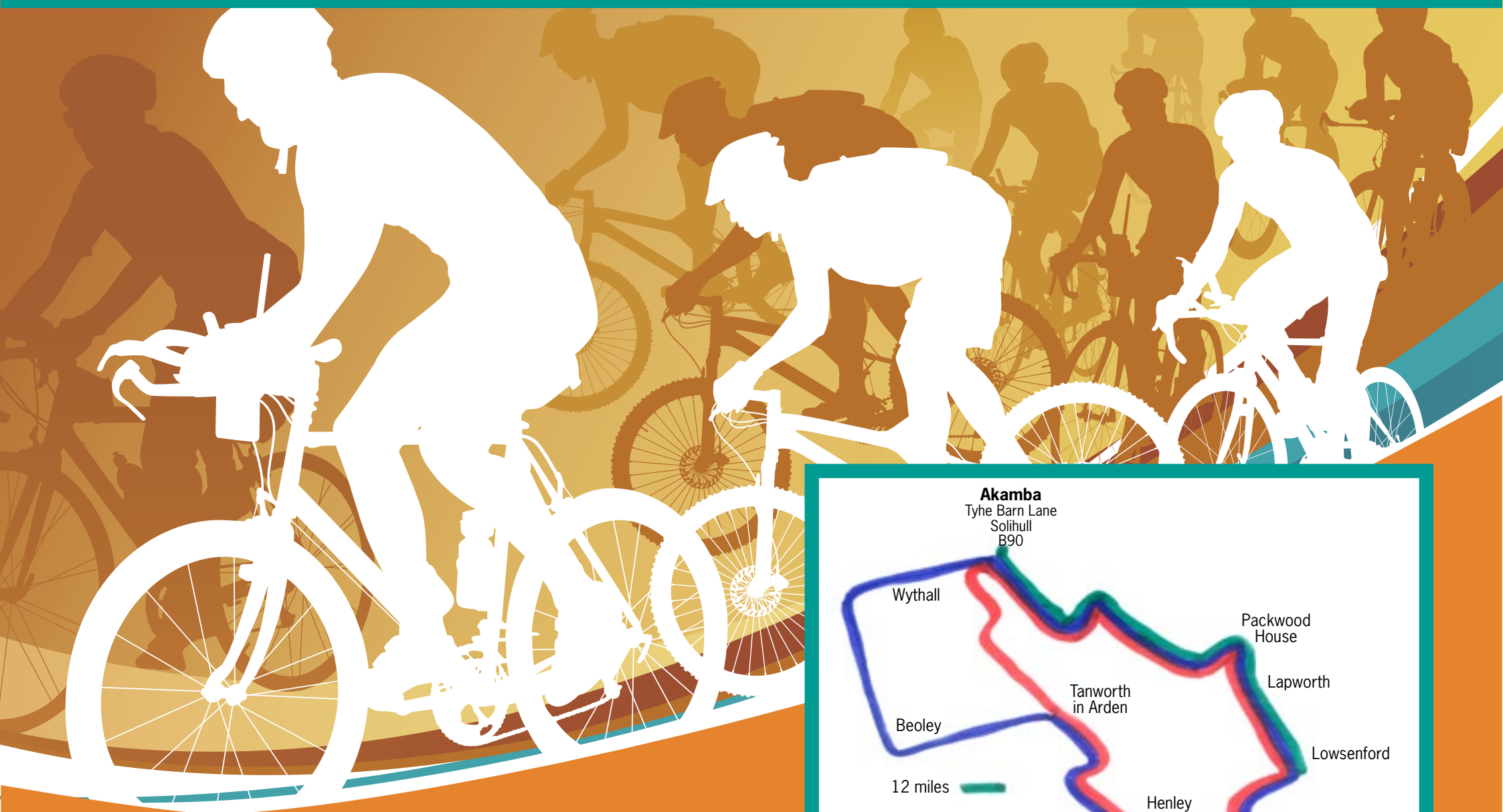


in support of the **Brainhouse Academy**, Nairobi, Kenya

Saturday 31st July 2010

OUR PLEDGE

To exhibit and uphold the values inherent in the United Nations convention and the Kenya Children's Act on the rights of the child, strive to meet the physical, emotional and psychological needs of our students, give them the best by all standards and nurture all aspects of the child's being - the thinking child, the feeling child, and the active child.



Help support an inspirational school in Kenya called The Brainhouse Academy. Situated in one of the largest slums in Nairobi it supports and educates 780 AIDS orphans and vulnerable children.

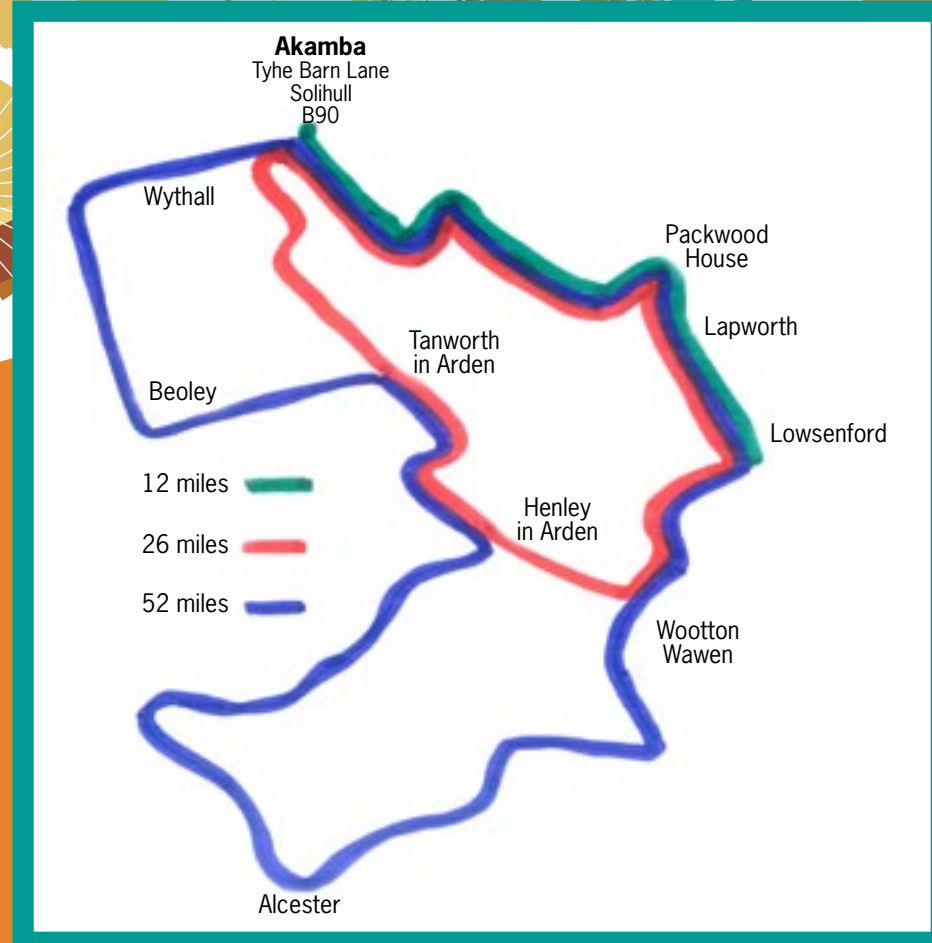
You can play a part to help create a more healthy, sustainable and vibrant environment for their learning.

On Saturday 31st July we will set off from Akamba, African cultural heritage centre near Solihull, and cycle through the beautiful Warwickshire countryside.

It doesn't matter how fit you are, we've got a course for you - 12 miles, 28 or 52 miles.

The routes will be fully sign-posted so you can relax and concentrate on the beautiful scenery of Lapworth, Packwood Hall, Henley, and Tanworth in Arden.

Marshalls and support vehicles will be available and there are stops arranged at hostelrys along the route to meet others and keep your energy up.



A minimum of £30 sponsorship is required but we hope you can raise much more. Help the Brainhouse Academy continue to give these children the energy, space and opportunity for education and care that will provide them a route out of the poverty they were born into.

For more information talk to Liz Formby, Alison Halford or Andy Wrennall and then register by emailing a.halford@toucansurf.com before 7th July 2010.

Take part in a sponsored cycle ride and help support an inspirational school in Kenya